25		, 400m		2005 - 2008
18.11.2023 - 10:22				
	3:44.70		(GER)	21.01.2011

		3:44.70		(GER)	21.01.2011
(17-18	)	3:55.76			14.10.2011
(15-16 )		3:50.72			24.11.2021
		,			
1	, <u>3</u>	,			
2		2008	III	11.	5:09.51
2 3		2007	II	8.	4:39.98
4		2008	II	 10.	4:46.81
2	3				
1		2008	II	9.	4:38.65
2		2008	II	 7.	4:34.00
3		2007	I	 3.	4:30.00
4		2008	I	6.	4:32.44
3	3				
1		2008	1	 5.	4:25.00
2		2007		 2.	4:13.66
3		2005		1.	4:10.00
4		2007		1.	4:12.50
5		2005		2.	4:14.00
6		2007	II	4.	4:26.48

" 5" 25