

15-17.02.2024

29															
17.02.2024														14.03.2001	
: FINA 2024															
/															
1.				07	-	-								<b>4:10.31</b>	679
	50m:	29.41	29.41	150m:	1:32.51	31.92	250m:	2:36.14	31.57	350m:	3:39.80	32.10			
	100m:	1:00.59	31.18	200m:	2:04.57	32.06	300m:	3:07.70	31.56	400m:	4:10.31	30.51			
2.				07										<b>4:17.93</b>	621
	50m:	30.72	30.72	150m:	1:34.95	32.63	250m:	2:40.25	32.82	350m:	3:46.41	33.30			
	100m:	1:02.32	31.60	200m:	2:07.43	32.48	300m:	3:13.11	32.86	400m:	4:17.93	31.52			
3.				09	-	-								<b>4:19.60</b>	609
	50m:	29.11	29.11	150m:	1:35.10	33.75	250m:	2:42.03	33.40	350m:	3:49.13	33.45			
	100m:	1:01.35	32.24	200m:	2:08.63	33.53	300m:	3:15.68	33.65	400m:	4:19.60	30.47			
4.				04	-	-								<b>4:19.97</b>	606
	50m:	29.60	29.60	150m:	1:34.61	33.09	250m:	2:40.79	32.99	350m:	3:47.65	33.66			
	100m:	1:01.52	31.92	200m:	2:07.80	33.19	300m:	3:13.99	33.20	400m:	4:19.97	32.32			
5.				06	-	-								<b>4:20.42</b>	603
	50m:	29.17	29.17	150m:	1:34.69	33.77	250m:	2:41.94	33.74	350m:	3:48.45	33.20			
	100m:	1:00.92	31.75	200m:	2:08.20	33.51	300m:	3:15.25	33.31	400m:	4:20.42	31.97			
6.				07	-	-								<b>4:21.88</b>	593
	50m:	30.09	30.09	150m:	1:36.01	33.47	250m:	2:42.48	33.18	350m:	3:50.17	33.41			
	100m:	1:02.54	32.45	200m:	2:09.30	33.29	300m:	3:16.76	34.28	400m:	4:21.88	31.71			
7.				07	-	-								<b>4:22.19</b>	591
	50m:	29.66	29.66	150m:	1:36.25	33.66	250m:	2:42.44	32.92	350m:	3:50.33	33.58			
	100m:	1:02.59	32.93	200m:	2:09.52	33.27	300m:	3:16.75	34.31	400m:	4:22.19	31.86			
8.				09 I	-	-								<b>4:24.70</b>	574
	50m:	30.90	30.90	150m:	1:36.28	32.54	250m:	2:43.99	33.69	350m:	3:51.93	33.79			
	100m:	1:03.74	32.84	200m:	2:10.30	34.02	300m:	3:18.14	34.15	400m:	4:24.70	32.77			
9.				09	-	-								<b>4:26.75</b>	561
	50m:	30.94	30.94	150m:	1:38.56	34.24	250m:	2:45.80	33.40	350m:	3:53.48	34.46			
	100m:	1:04.32	33.38	200m:	2:12.40	33.84	300m:	3:19.02	33.22	400m:	4:26.75	33.27			
10.				10 I	-	-								<b>4:28.81</b>	548
	50m:	29.62	29.62	150m:	1:36.73	34.43	250m:	2:46.12	34.91	350m:	3:55.65	34.78			
	100m:	1:02.30	32.68	200m:	2:11.21	34.48	300m:	3:20.87	34.75	400m:	4:28.81	33.16			
11.				05										<b>4:30.80</b>	536
	50m:	29.80	29.80	150m:	1:38.16	34.57	250m:	2:47.99	35.06	350m:	3:58.11	34.71			
	100m:	1:03.59	33.79	200m:	2:12.93	34.77	300m:	3:23.40	35.41	400m:	4:30.80	32.69			
12.				07 I	-	-								<b>4:30.93</b>	535
	50m:	30.99	30.99	150m:	1:38.77	34.47	250m:	2:47.72	34.39	350m:	3:57.06	34.30			
	100m:	1:04.30	33.31	200m:	2:13.33	34.56	300m:	3:22.76	35.04	400m:	4:30.93	33.87			
13.				09 I	-	-								<b>4:31.95</b>	529
	50m:	31.79	31.79	150m:	1:41.92	35.00	250m:	2:51.65	34.62	350m:	4:00.36	34.06			
	100m:	1:06.92	35.13	200m:	2:17.03	35.11	300m:	3:26.30	34.65	400m:	4:31.95	31.59			
14.				10 II	-	-								<b>4:32.31</b>	527
	50m:	29.99	29.99	150m:	1:39.11	35.04	250m:	2:49.48	35.39	350m:	3:59.66	34.58			
	100m:	1:04.07	34.08	200m:	2:14.09	34.98	300m:	3:25.08	35.60	400m:	4:32.31	32.65			
15.				10 II	-	-								<b>4:32.47</b>	526
	50m:	31.58	31.58	150m:	1:42.37	35.29	250m:	2:52.33	34.76	350m:	4:01.02	34.53			
	100m:	1:07.08	35.50	200m:	2:17.57	35.20	300m:	3:26.49	34.16	400m:	4:32.47	31.45			

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29,		, 400m																	
16.	50m: 30.98	30.98	150m: 1:38.57	34.43	250m: 2:48.97	35.09	350m: 3:59.70	35.37	-2	<b>4:33.67</b>	519	100m: 1:04.14	33.16	200m: 2:13.88	35.31	300m: 3:24.33	35.36	400m: 4:33.67	33.97
17.	50m: 31.16	31.16	150m: 1:40.46	34.80	250m: 2:50.45	34.81	350m: 4:01.48	35.07		<b>4:35.66</b>	508	100m: 1:05.66	34.50	200m: 2:15.64	35.18	300m: 3:26.41	35.96	400m: 4:35.66	34.18
18.	50m: 32.12	32.12	150m: 1:42.63	35.81	250m: 2:54.80	36.30	350m: 4:06.41	35.34	5	<b>4:39.59</b>	487	100m: 1:06.82	34.70	200m: 2:18.50	35.87	300m: 3:31.07	36.27	400m: 4:39.59	33.18
19.	50m: 31.80	31.80	150m: 1:42.38	35.85	250m: 2:54.43	36.10	350m: 4:06.18	35.00	5	<b>4:40.11</b>	484	100m: 1:06.53	34.73	200m: 2:18.33	35.95	300m: 3:31.18	36.75	400m: 4:40.11	33.93
20.	50m: 31.71	31.71	150m: 1:42.89	36.01	250m: 2:55.07	36.07	350m: 4:06.66	35.77	-22	<b>4:40.22</b>	484	100m: 1:06.88	35.17	200m: 2:19.00	36.11	300m: 3:30.89	35.82	400m: 4:40.22	33.56
21.	50m: 32.21	32.21	150m: 1:43.13	36.04	300m: 3:31.49	1:12.33	400m: 4:40.57	33.61	13	<b>4:40.57</b>	482	100m: 1:07.09	34.88	200m: 2:19.16	36.03	350m: 4:06.96	35.47		
22.	50m: 31.64	31.64	150m: 1:42.72	36.19	250m: 2:54.89	36.21	350m: 4:06.75	35.70	-4	<b>4:40.98</b>	480	100m: 1:06.53	34.89	200m: 2:18.68	35.96	300m: 3:31.05	36.16	400m: 4:40.98	34.23
23.	50m: 30.98	30.98	150m: 1:42.88	36.07	250m: 2:55.70	36.39	350m: 4:09.10	36.54		<b>4:44.24</b>	464	100m: 1:06.81	35.83	200m: 2:19.31	36.43	300m: 3:32.56	36.86	400m: 4:44.24	35.14
24.	50m: 31.16	31.16	150m: 1:42.62	36.36	250m: 2:55.01	36.72	350m: 4:09.78	37.66	1	<b>4:45.82</b>	456	100m: 1:06.26	35.10	200m: 2:18.29	35.67	300m: 3:32.12	37.11	400m: 4:45.82	36.04
25.	50m: 32.02	32.02	150m: 1:43.86	36.38	250m: 2:57.94	36.49	350m: 4:12.35	37.26	-22	<b>4:47.42</b>	448	100m: 1:07.48	35.46	200m: 2:21.45	37.59	300m: 3:35.09	37.15	400m: 4:47.42	35.07
	50m: 32.67	32.67	150m: 1:45.47	36.33	250m: 2:58.83	36.50	350m: 4:12.21	36.67	5	<b>4:47.42</b>	448	100m: 1:09.14	36.47	200m: 2:22.33	36.86	300m: 3:35.54	36.71	400m: 4:47.42	35.21
27.	50m: 32.90	32.90	150m: 1:44.23	36.01	250m: 2:59.03	37.29	350m: 4:14.52	36.70	5	<b>4:50.87</b>	433	100m: 1:08.22	35.32	200m: 2:21.74	37.51	300m: 3:37.82	38.79	400m: 4:50.87	36.35
28.	50m: 33.28	33.28	150m: 1:46.95	37.75	250m: 3:04.00	38.74	350m: 4:20.63	37.78	5	<b>4:56.88</b>	407	100m: 1:09.20	35.92	200m: 2:25.26	38.31	300m: 3:42.85	38.85	400m: 4:56.88	36.25
29.	50m: 32.78	32.78	150m: 1:49.20	39.50	250m: 3:07.37	39.19	350m: 4:23.27	38.27	5	<b>4:59.41</b>	397	100m: 1:09.70	36.92	200m: 2:28.18	38.98	300m: 3:45.00	37.63	400m: 4:59.41	36.14
30.	50m: 33.29	33.29	150m: 1:48.10	37.65	300m: 3:44.05	1:17.16	400m: 4:59.64	37.09	-2	<b>4:59.64</b>	396	100m: 1:10.45	37.16	200m: 2:26.89	38.79	350m: 4:22.55	38.50		
31.	50m: 33.08	33.08	150m: 1:47.48	38.01	250m: 3:05.09	39.03	350m: 4:22.49	38.51		<b>5:00.18</b>	394	100m: 1:09.47	36.39	200m: 2:26.06	38.58	300m: 3:43.98	38.89	400m: 5:00.18	37.69

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29,		, 400m																		
32.	50m: 33.00	33.00	150m: 1:46.09	37.55	250m: 3:04.16	39.80	350m: 4:23.56	39.98	100m: 1:08.54	35.54	200m: 2:24.36	38.27	300m: 3:43.58	39.42	400m: 5:00.22	36.66	08 II	-3	<b>5:00.22</b>	393
33.	50m: 33.85	33.85	150m: 1:49.22	38.10	250m: 3:06.43	38.74	350m: 4:24.25	38.89	100m: 1:11.12	37.27	200m: 2:27.69	38.47	300m: 3:45.36	38.93	400m: 5:02.50	38.25	09 II	-3	<b>5:02.50</b>	385
34.	50m: 34.87	34.87	150m: 1:51.45	37.92	250m: 3:09.72	39.00	350m: 4:26.03	38.01	100m: 1:13.53	38.66	200m: 2:30.72	39.27	300m: 3:48.02	38.30	400m: 5:03.00	36.97	08 II	1	<b>5:03.00</b>	383
35.	50m: 32.06	32.06	150m: 1:49.16	39.96	250m: 3:08.82	39.46	350m: 4:27.45	38.94	100m: 1:09.20	37.14	200m: 2:29.36	40.20	300m: 3:48.51	39.69	400m: 5:04.79	37.34	07 II	FITRON	<b>5:04.79</b>	376
36.	50m: 34.88	34.88	150m: 1:52.19	38.79	250m: 3:12.92	40.53	350m: 4:33.34	40.22	100m: 1:13.40	38.52	200m: 2:32.39	40.20	300m: 3:53.12	40.20	400m: 5:12.35	39.01	09 II	-25	<b>5:12.35</b>	349
37.	50m: 34.31	34.31	150m: 1:52.39	39.60	250m: 3:14.74	41.80	350m: 4:35.20	39.85	100m: 1:12.79	38.48	200m: 2:32.94	40.55	300m: 3:55.35	40.61	400m: 5:13.96	38.76	08 II	5	<b>5:13.96</b>	344
38.	50m: 34.51	34.51	150m: 1:54.06	40.53	250m: 3:16.63	41.34	350m: 4:39.62	41.11	100m: 1:13.53	39.02	200m: 2:35.29	41.23	300m: 3:58.51	41.88	400m: 5:20.17	40.55	10 II	5	<b>5:20.17</b>	324
39.	50m: 36.63	36.63	150m: 1:58.34	41.37	250m: 3:22.75	43.01	350m: 4:45.78	40.92	100m: 1:16.97	40.34	200m: 2:39.74	41.40	300m: 4:04.86	42.11	400m: 5:23.18	37.40	09 II	-29	<b>5:23.18</b>	315
40.	50m: 35.19	35.19	150m: 1:57.72	42.28	250m: 3:22.88	42.15	350m: 4:46.52	41.54	100m: 1:15.44	40.25	200m: 2:40.73	43.01	300m: 4:04.98	42.10	400m: 5:23.71	37.19	09 III	-2	<b>5:23.71</b>	314
41.	50m: 34.82	34.82	150m: 1:57.44	42.37	250m: 3:23.60	43.77	350m: 4:49.17	42.62	100m: 1:15.07	40.25	200m: 2:39.83	42.39	300m: 4:06.55	42.95	400m: 5:28.71	39.54	10 II	-29	<b>5:28.71</b>	300
42.	50m: 36.29	36.29	200m: 3:01.38	51.17	300m: 4:43.82	50.90	400m: 6:25.99	50.57	150m: 2:10.21	1:33.92	250m: 3:52.92	51.54	350m: 5:35.42	51.60			09 I		<b>6:25.99</b>	185

29 , 400m (16-18 )  
17.02.2024

3:51.05

14.03.2001

: FINA 2024

1.	50m: 29.41	29.41	150m: 1:32.51	31.92	250m: 2:36.14	31.57	350m: 3:39.80	32.10	100m: 1:00.59	31.18	200m: 2:04.57	32.06	300m: 3:07.70	31.56	400m: 4:10.31	30.51	07	- -	<b>4:10.31</b>	679
2.	50m: 30.72	30.72	150m: 1:34.95	32.63	250m: 2:40.25	32.82	350m: 3:46.41	33.30	100m: 1:02.32	31.60	200m: 2:07.43	32.48	300m: 3:13.11	32.86	400m: 4:17.93	31.52	07	-3	<b>4:17.93</b>	621
3.	50m: 29.17	29.17	150m: 1:34.69	33.77	250m: 2:41.94	33.74	350m: 3:48.45	33.20	100m: 1:00.92	31.75	200m: 2:08.20	33.51	300m: 3:15.25	33.31	400m: 4:20.42	31.97	06	- -	<b>4:20.42</b>	603

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ALGE

15-17.02.2024

29,		, 400m		(16-18 )							
4.	50m: 30.09	30.09	150m: 1:36.01	33.47	250m: 2:42.48	33.18	350m: 3:50.17	33.41	-22	<b>4:21.88</b>	593
	100m: 1:02.54	32.45	200m: 2:09.30	33.29	300m: 3:16.76	34.28	400m: 4:21.88	31.71			
5.	50m: 29.66	29.66	150m: 1:36.25	33.66	250m: 2:42.44	32.92	350m: 3:50.33	33.58	-22	<b>4:22.19</b>	591
	100m: 1:02.59	32.93	200m: 2:09.52	33.27	300m: 3:16.75	34.31	400m: 4:22.19	31.86			
6.	50m: 30.99	30.99	150m: 1:38.77	34.47	250m: 2:47.72	34.39	350m: 3:57.06	34.30		<b>4:30.93</b>	535
	100m: 1:04.30	33.31	200m: 2:13.33	34.56	300m: 3:22.76	35.04	400m: 4:30.93	33.87			
7.	50m: 30.98	30.98	150m: 1:38.57	34.43	250m: 2:48.97	35.09	350m: 3:59.70	35.37	-2	<b>4:33.67</b>	519
	100m: 1:04.14	33.16	200m: 2:13.88	35.31	300m: 3:24.33	35.36	400m: 4:33.67	33.97			
8.	50m: 31.16	31.16	150m: 1:40.46	34.80	250m: 2:50.45	34.81	350m: 4:01.48	35.07		<b>4:35.66</b>	508
	100m: 1:05.66	34.50	200m: 2:15.64	35.18	300m: 3:26.41	35.96	400m: 4:35.66	34.18			
9.	50m: 31.80	31.80	150m: 1:42.38	35.85	250m: 2:54.43	36.10	350m: 4:06.18	35.00	5	<b>4:40.11</b>	484
	100m: 1:06.53	34.73	200m: 2:18.33	35.95	300m: 3:31.18	36.75	400m: 4:40.11	33.93			
10.	50m: 31.64	31.64	150m: 1:42.72	36.19	250m: 2:54.89	36.21	350m: 4:06.75	35.70	-4	<b>4:40.98</b>	480
	100m: 1:06.53	34.89	200m: 2:18.68	35.96	300m: 3:31.05	36.16	400m: 4:40.98	34.23			
11.	50m: 32.67	32.67	150m: 1:45.47	36.33	250m: 2:58.83	36.50	350m: 4:12.21	36.67	5	<b>4:47.42</b>	448
	100m: 1:09.14	36.47	200m: 2:22.33	36.86	300m: 3:35.54	36.71	400m: 4:47.42	35.21			
12.	50m: 32.90	32.90	150m: 1:44.23	36.01	250m: 2:59.03	37.29	350m: 4:14.52	36.70	5	<b>4:50.87</b>	433
	100m: 1:08.22	35.32	200m: 2:21.74	37.51	300m: 3:37.82	38.79	400m: 4:50.87	36.35			
13.	50m: 33.00	33.00	150m: 1:46.09	37.55	250m: 3:04.16	39.80	350m: 4:23.56	39.98	-3	<b>5:00.22</b>	393
	100m: 1:08.54	35.54	200m: 2:24.36	38.27	300m: 3:43.58	39.42	400m: 5:00.22	36.66			
14.	50m: 34.87	34.87	150m: 1:51.45	37.92	250m: 3:09.72	39.00	350m: 4:26.03	38.01	1	<b>5:03.00</b>	383
	100m: 1:13.53	38.66	200m: 2:30.72	39.27	300m: 3:48.02	38.30	400m: 5:03.00	36.97			
15.	50m: 32.06	32.06	150m: 1:49.16	39.96	250m: 3:08.82	39.46	350m: 4:27.45	38.94	FITRON	<b>5:04.79</b>	376
	100m: 1:09.20	37.14	200m: 2:29.36	40.20	300m: 3:48.51	39.69	400m: 5:04.79	37.34			
16.	50m: 34.31	34.31	150m: 1:52.39	39.60	250m: 3:14.74	41.80	350m: 4:35.20	39.85	5	<b>5:13.96</b>	344
	100m: 1:12.79	38.48	200m: 2:32.94	40.55	300m: 3:55.35	40.61	400m: 5:13.96	38.76			

15-17.02.2024

29, , 400m		29, , 400m								(14-15 )	
17.02.2024				3:51.05						14.03.2001	
: FINA 2024											
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1.				09	- -			-22	<b>4:19.60</b>		609
	50m:	29.11	29.11	150m:	1:35.10	33.75	250m:	2:42.03	33.40	350m:	3:49.13 33.45
	100m:	1:01.35	32.24	200m:	2:08.63	33.53	300m:	3:15.68	33.65	400m:	4:19.60 30.47
2.				09 I	- -			-4	<b>4:24.70</b>		574
	50m:	30.90	30.90	150m:	1:36.28	32.54	250m:	2:43.99	33.69	350m:	3:51.93 33.79
	100m:	1:03.74	32.84	200m:	2:10.30	34.02	300m:	3:18.14	34.15	400m:	4:24.70 32.77
3.				09	- -				<b>4:26.75</b>		561
	50m:	30.94	30.94	150m:	1:38.56	34.24	250m:	2:45.80	33.40	350m:	3:53.48 34.46
	100m:	1:04.32	33.38	200m:	2:12.40	33.84	300m:	3:19.02	33.22	400m:	4:26.75 33.27
4.				10 I	- -			-22	<b>4:28.81</b>		548
	50m:	29.62	29.62	150m:	1:36.73	34.43	250m:	2:46.12	34.91	350m:	3:55.65 34.78
	100m:	1:02.30	32.68	200m:	2:11.21	34.48	300m:	3:20.87	34.75	400m:	4:28.81 33.16
5.				09 I	- -			-22	<b>4:31.95</b>		529
	50m:	31.79	31.79	150m:	1:41.92	35.00	250m:	2:51.65	34.62	350m:	4:00.36 34.06
	100m:	1:06.92	35.13	200m:	2:17.03	35.11	300m:	3:26.30	34.65	400m:	4:31.95 31.59
6.				10 II	- -			-22	<b>4:32.31</b>		527
	50m:	29.99	29.99	150m:	1:39.11	35.04	250m:	2:49.48	35.39	350m:	3:59.66 34.58
	100m:	1:04.07	34.08	200m:	2:14.09	34.98	300m:	3:25.08	35.60	400m:	4:32.31 32.65
7.				10 II	- -			-22	<b>4:32.47</b>		526
	50m:	31.58	31.58	150m:	1:42.37	35.29	250m:	2:52.33	34.76	350m:	4:01.02 34.53
	100m:	1:07.08	35.50	200m:	2:17.57	35.20	300m:	3:26.49	34.16	400m:	4:32.47 31.45
8.				10 II	- -			5	<b>4:39.59</b>		487
	50m:	32.12	32.12	150m:	1:42.63	35.81	250m:	2:54.80	36.30	350m:	4:06.41 35.34
	100m:	1:06.82	34.70	200m:	2:18.50	35.87	300m:	3:31.07	36.27	400m:	4:39.59 33.18
9.				09 II	- -			-22	<b>4:40.22</b>		484
	50m:	31.71	31.71	150m:	1:42.89	36.01	250m:	2:55.07	36.07	350m:	4:06.66 35.77
	100m:	1:06.88	35.17	200m:	2:19.00	36.11	300m:	3:30.89	35.82	400m:	4:40.22 33.56
10.				09 II	- -			13	<b>4:40.57</b>		482
	50m:	32.21	32.21	150m:	1:43.13	36.04	300m:	3:31.49	1:12.33	400m:	4:40.57 33.61
	100m:	1:07.09	34.88	200m:	2:19.16	36.03	350m:	4:06.96	35.47		
11.				10 II	- -				<b>4:44.24</b>		464
	50m:	30.98	30.98	150m:	1:42.88	36.07	250m:	2:55.70	36.39	350m:	4:09.10 36.54
	100m:	1:06.81	35.83	200m:	2:19.31	36.43	300m:	3:32.56	36.86	400m:	4:44.24 35.14
12.				09 II	- -			1	<b>4:45.82</b>		456
	50m:	31.16	31.16	150m:	1:42.62	36.36	250m:	2:55.01	36.72	350m:	4:09.78 37.66
	100m:	1:06.26	35.10	200m:	2:18.29	35.67	300m:	3:32.12	37.11	400m:	4:45.82 36.04
13.				10 II	- -			-22	<b>4:47.42</b>		448
	50m:	32.02	32.02	150m:	1:43.86	36.38	250m:	2:57.94	36.49	350m:	4:12.35 37.26
	100m:	1:07.48	35.46	200m:	2:21.45	37.59	300m:	3:35.09	37.15	400m:	4:47.42 35.07
14.				10 II	- -			5	<b>4:56.88</b>		407
	50m:	33.28	33.28	150m:	1:46.95	37.75	250m:	3:04.00	38.74	350m:	4:20.63 37.78
	100m:	1:09.20	35.92	200m:	2:25.26	38.31	300m:	3:42.85	38.85	400m:	4:56.88 36.25
15.				09 II	- -			5	<b>4:59.41</b>		397
	50m:	32.78	32.78	150m:	1:49.20	39.50	250m:	3:07.37	39.19	350m:	4:23.27 38.27
	100m:	1:09.70	36.92	200m:	2:28.18	38.98	300m:	3:45.00	37.63	400m:	4:59.41 36.14

22" 50

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29,		, 400m				(14-15 )						
16.				10 II				-2		<b>4:59.64</b>		396
	50m:	33.29	33.29	150m:	1:48.10	37.65	300m:	3:44.05	1:17.16	400m:	4:59.64	37.09
	100m:	1:10.45	37.16	200m:	2:26.89	38.79	350m:	4:22.55	38.50			
17.				10 II						<b>5:00.18</b>		394
	50m:	33.08	33.08	150m:	1:47.48	38.01	250m:	3:05.09	39.03	350m:	4:22.49	38.51
	100m:	1:09.47	36.39	200m:	2:26.06	38.58	300m:	3:43.98	38.89	400m:	5:00.18	37.69
18.				09 II						<b>5:02.50</b>		385
	50m:	33.85	33.85	150m:	1:49.22	38.10	250m:	3:06.43	38.74	350m:	4:24.25	38.89
	100m:	1:11.12	37.27	200m:	2:27.69	38.47	300m:	3:45.36	38.93	400m:	5:02.50	38.25
19.				09 II						<b>5:12.35</b>		349
	50m:	34.88	34.88	150m:	1:52.19	38.79	250m:	3:12.92	40.53	350m:	4:33.34	40.22
	100m:	1:13.40	38.52	200m:	2:32.39	40.20	300m:	3:53.12	40.20	400m:	5:12.35	39.01
20.				10 II						<b>5:20.17</b>		324
	50m:	34.51	34.51	150m:	1:54.06	40.53	250m:	3:16.63	41.34	350m:	4:39.62	41.11
	100m:	1:13.53	39.02	200m:	2:35.29	41.23	300m:	3:58.51	41.88	400m:	5:20.17	40.55
21.				09 II						<b>5:23.18</b>		315
	50m:	36.63	36.63	150m:	1:58.34	41.37	250m:	3:22.75	43.01	350m:	4:45.78	40.92
	100m:	1:16.97	40.34	200m:	2:39.74	41.40	300m:	4:04.86	42.11	400m:	5:23.18	37.40
22.				09 III						<b>5:23.71</b>		314
	50m:	35.19	35.19	150m:	1:57.72	42.28	250m:	3:22.88	42.15	350m:	4:46.52	41.54
	100m:	1:15.44	40.25	200m:	2:40.73	43.01	300m:	4:04.98	42.10	400m:	5:23.71	37.19
23.				10 II						<b>5:28.71</b>		300
	50m:	34.82	34.82	150m:	1:57.44	42.37	250m:	3:23.60	43.77	350m:	4:49.17	42.62
	100m:	1:15.07	40.25	200m:	2:39.83	42.39	300m:	4:06.55	42.95	400m:	5:28.71	39.54
24.				09 I						<b>6:25.99</b>		185
	50m:	36.29	36.29	200m:	3:01.38	51.17	300m:	4:43.82	50.90	400m:	6:25.99	50.57
	150m:	2:10.21	1:33.92	250m:	3:52.92	51.54	350m:	5:35.42	51.60			
EXH				07 I						<b>4:48.43</b>		444
	50m:	31.22	31.22	150m:	1:42.46	35.73	250m:	2:55.54	37.06	350m:	4:11.28	37.78
	100m:	1:06.73	35.51	200m:	2:18.48	36.02	300m:	3:33.50	37.96	400m:	4:48.43	37.15