



КУБОК ФЕДЕРАЦИИ ПЛАВАНИЯ ДЕНЬ ВОЛЬНОГО СТИЛЯ



18 - 19 АПРЕЛЯ 2025 ГОДА

							%	PB
Golden fish								14
50m	, 2019 (7)	12.	1:05.50	32	1:05.00	98%	-	
50m	, 2017 (9)	17.	55.66	53	1:00.00	116%	1	
50m	, 2018 (8)	4.	45.11	99	47.00	109%	2	
100m		2.	1:42.34	93	1:45.00	105%		
200m		2.	3:48.22	89	3:45.00	97%		
100m	, 2017 (9)	6.	1:57.28	85	2:00.00	105%	1	
100m	, 2016 (10)	37.	1:44.64	87	1:47.00	105%	1	
50m	, 2018 (8)	8.	56.78	49	58.50	106%	1	
100m		7.	2:04.55	51	2:00.00	93%		
200m		4.	4:34.41	51	4:05.00	80%		
50m	, 2017 (9)	9.	46.14	93	53.50	134%	2	
100m		7.	1:40.93	97	1:57.00	134%		
50m	, 2017 (9)	14.	52.42	63	59.00	127%	1	
50m	, 2018 (8)	1.	42.35	173	53.50	160%	3	
100m		1.	1:42.82	127	1:55.00	125%		
200m		1.	3:43.41	126	3:57.00	113%		
50m	, 2018 (8)	3.	49.14	110	55.00	125%	2	
100m		3.	1:53.05	95	2:00.00	113%		
Mikhailovs_team_swim								1
100m	, 2012 (14)			-	1:04.00	-	-	
100m	, 2012 (14)			-	1:04.00	-	-	
50m	, 2017 (9)	22.	59.75	42	55.00	85%	-	
50m	, 2017 (9)	20.	58.40	45	52.00	79%	-	
100m	, 2010 (16)			-	1:03.00	-	-	
50m	, 2015 (11)	24.	42.79	116	42.00	96%	-	
100m	, 2011 (15)			-	1:00.50	-	-	
100m	, 2014 (12)			-	1:20.00	-	-	
50m	, 2016 (10)	34.	46.65	90	50.00	115%	1	
Uvarov_swim								1
200m	, 2016 (10)	23.	3:26.50	120	NT	-	-	
400m	, 2016 (10)	9.	6:03.94	270	5:50.00	92%	-	
100m	, 2011 (15)			-	1:06.00	-	-	
100m	, 2015 (11)	21.	1:31.07	132	1:25.00	87%	-	



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400m	, 2010 (16),				4:40.00			
400m	, 2015 (11),							
400m	, 2015 (11),	4.	5:44.32	261	5:40.00		98%	
400m	, 2016 (10),	5.	5:48.71	251	6:00.00		107%	1
400m	, 2016 (10),	8.	5:59.82	279	5:50.00		95%	
400m	, 2015 (11),	3.	5:31.28	358	5:30.00		99%	
100m	, 2011 (15),				1:01.00			
100m	, 2018 (8),							
100m	, 2012 (14),	6.	1:57.21	62	NT			
400m	, 2010 (16),				5:40.00			
400m	, 2017 (9),				4:50.00			
50m		6.	49.98	105	44.00		78%	
200m		3.	3:46.28	122	3:30.00		86%	
400m	, 2011 (15),				4:50.00			
								10
100m	, 2013 (13),				NT			
400m					5:32.12	28.12.2025		
100m	, 2012 (14),				1:27.12	23.11.2025		
100m	, 2009 (17),				NT			
50m	, 2013 (13),				46.80			
200m					NT			
100m	, 2011 (15),				1:00.00			
50m	, 2012 (14),				27.18	21.02.2026		
200m					2:08.55	14.03.2026		
200m	, 2017 (9),	1.	2:56.99	191	3:13.57	27.12.2025	120%	1
50m	, 2015 (11),	7.	38.00	239	NT			
200m		5.	3:00.99	238	2:46.43	22.11.2025	85%	
50m	, 2015 (11),	12.	40.87	192	52.36		164%	2
200m		14.	3:31.34	149	3:33.09	21.03.2026	102%	
200m	, 2014 (12),				NT			
50m	, 2017 (9),	27.	1:08.35	28	1:03.92	22.11.2025	87%	
200m	, 2012 (14),				2:56.02	23.11.2025		
100m	, 2011 (15),				1:04.92	09.04.2026		
50m	, 2019 (7),	21.	1:59.42	5	NT			
50m	, 2015 (11),	10.	36.30	191	36.36	20.03.2026	100%	2
200m		10.	2:56.33	193	3:04.67	22.11.2025	110%	
50m	, 2014 (12),				41.37			
200m					3:30.56			



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100m	, 2014 (12)				1:31.24	13.03.2026		
200m	, 2015 (11)	6.	2:50.47	214	2:51.63	21.03.2026	101%	1
100m	, 2015 (11)	12.	1:23.28	172	1:28.96	12.10.2025	114%	2
200m		15.	3:02.50	174	3:06.66	21.03.2026	105%	
100m	, 2012 (14)				1:20.79			
200m					3:00.73	14.03.2026		
50m	, 2011 (15)				27.05			
100m	, 2009 (17)				NT			
50m	, 2015 (11)	5.	32.99	254	34.67	20.03.2026	110%	2
200m		5.	2:43.72	241	2:49.03	21.03.2026	107%	
50m	, 2012 (14)				NT			
50m	, 2017 (9)	22.	1:39.12	13	NT			
100m	, 2018 (8)	3.	1:42.54	92	1:45.00		105%	5
100m	, 2017 (9)	2.	1:34.96	161	1:45.00		122%	1
100m	, 2017 (9)	6.	1:40.60	98	1:34.00		87%	
100m	, 2014 (12)				1:14.00			
200m	, 2015 (11)	4.	2:56.64	256	2:56.00		99%	
100m	, 2015 (11)	13.	1:24.47	165	1:25.00		101%	1
200m	, 2012 (14)				2:45.00			
200m	, 2016 (10)	7.	3:07.57	214	3:00.00		92%	
100m	, 2016 (10)	13.	1:32.23	176	1:25.00		85%	
200m	, 2016 (10)	19.	3:16.53	139	3:10.00		93%	
200m	, 2017 (9)	2.	3:33.70	144	3:35.00		101%	1
200m	, 2015 (11)	2.	2:51.10	282	2:50.00		99%	
100m	, 2016 (10)	40.	1:47.97	79	1:45.00		95%	
200m	, 2016 (10)	13.	3:27.69	157	3:20.00		93%	
200m	, 2016 (10)	8.	3:09.78	206	3:15.00		106%	1
200m	, 2014 (12)				2:40.00			
200m	, 2015 (11)	11.	3:21.65	172	3:15.00		94%	
200m	, 2014 (12)				3:00.00			
200m	, 2015 (11)							
200m	, 2014 (12)	9.	2:54.51	199	2:50.00		95%	
200m	, 2014 (12)				2:50.00			



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50m	, , 2015 (11)	3.	35.23	300	35.50	102%	1
100m		4.	1:17.33	299	1:15.00	94%	
50m	, , 2013 (13)			-	29.00	-	-
50m	, , 2012 (14)			-	31.00	-	-
100m				-	1:13.00	-	-
100m	, , 2016 (10)	10.	1:20.65	190	1:35.00	139%	20
200m	, , 2015 (11)	1.	2:44.77	316	2:45.00	100%	1
100m	, , 2017 (9)	1.	1:27.54	148	1:28.00	101%	1
200m	, , 2015 (11)	16.	3:05.65	165	3:00.00	94%	-
100m	, , 2016 (10)	4.	1:14.33	243	1:18.00	110%	1
50m	, , 2014 (12)			-	31.00	-	-
50m	, , 2012 (14)			-	29.00	-	-
100m				-	1:02.70	-	-
50m	, , 2016 (10)	17.	41.76	180	40.00	92%	-
400m	, , 2015 (11)	5.	5:40.59	330	5:30.00	94%	-
50m	, , 2015 (11)	26.	45.00	144	48.00	114%	1
400m	, , 2012 (14)			-	5:43.00	-	-
50m	, , 2015 (11)	1.	31.73	411	31.50	99%	1
100m		1.	1:07.88	442	1:09.00	103%	
100m	, , 2014 (12)			-	1:20.00	-	-
100m	, , 2013 (13)			-	1:17.00	-	-
100m	, , 2013 (13)			-	1:23.00	-	-
100m	, , 2012 (14)			-	1:07.00	-	-
50m	, , 2017 (9)	4.	43.88	155	41.50	89%	-
100m	, , 2015 (11)	26.	1:35.44	114	1:36.00	101%	1
100m	, , 2015 (11)	8.	1:20.02	194	1:18.00	95%	-
200m		14.	3:00.49	180	2:56.00	95%	
50m	, , 2008 (18)			-	27.00	-	-
100m	, , 2013 (13)			-	1:10.92	-	-
50m	, , 2014 (12)			-	38.00	-	-
200m	, , 2017 (9)	2.	3:07.14	161	3:00.00	93%	-
100m	, , 2015 (11)	3.	1:14.44	335	1:13.00	96%	-



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50m	, 2014 (12)				36.00		
100m	, 2015 (11)	7.	1:22.33	247	1:25.00	107%	1
100m	, 2013 (13)				1:17.00		
100m	, 2011 (15)				1:04.50		
100m	, 2013 (13)				1:30.00		
50m	, 2016 (10)	57.	55.14	54	NT		
50m	, 2013 (13)				50.00		
100m	, 2013 (13)				1:26.00		
200m					3:15.00		
50m	, 2016 (10)	14.	41.41	185	42.00	103%	1
400m	, 2011 (15)				4:30.00		
200m	, 2012 (14)				NT		
400m	, 2014 (12)				5:30.00		
50m	, 2013 (13)				36.50		
50m	, 2016 (10)	22.	42.26	121	40.00	90%	1
200m		26.	3:31.42	112	3:50.00	118%	
400m	, 2013 (13)				4:58.00		
100m	, 2015 (11)	18.	1:28.70	143	1:23.00	88%	
200m	, 2016 (10)	11.	2:57.40	190	2:55.00	97%	
50m	, 2015 (11)	32.	48.40	116	NT		
100m	, 2014 (12)				1:18.00		
200m	, 2014 (12)				2:36.00		
100m	, 2017 (9)	8.	1:42.58	92	1:38.00	91%	
400m	, 2015 (11)	2.	5:05.81	372	5:20.00	109%	1
400m	, 2015 (11)	1.	5:19.03	401	5:20.00	101%	1
50m	, 2013 (13)				30.00		
100m					1:11.78		
50m	, 2010 (16)				27.00		
100m					59.00		
100m	, 2015 (11)	1.	1:09.39	298	1:12.00	108%	1
100m	, 2014 (12)				1:35.00		
50m	, 2012 (14)				28.50		
50m	, 2011 (15)				NT		
50m	, 2014 (12)				32.00		



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100m	, 2015 (11),	8.	1:26.02	217	1:28.00	105%	1
100m	, 2017 (9),	2.	1:33.15	123	1:26.00	85%	-
50m	, 2009 (17),			-	26.50	-	-
100m				-	58.00	-	-
50m	, 2012 (14),			-	34.00	-	-
50m	, 2017 (9),	9.	52.69	89	NT	-	-
200m	, 2015 (11),	9.	3:13.43	195	3:12.00	99%	-
100m	, 2016 (10),	24.	1:35.07	116	1:35.00	100%	-
100m	, 2016 (10),	6.	1:22.04	250	1:22.33	101%	2
400m		11.	6:25.81	227	6:58.00	117%	-
50m	, 2015 (11),	4.	32.92	256	32.50	97%	1
200m		2.	2:35.62	281	2:40.00	106%	-
50m	, 2016 (10),	29.	43.43	111	42.00	94%	-
100m	, 2013 (13),			-	1:22.00	-	-
200m	, 2015 (11),	8.	2:52.45	206	2:54.63	103%	1
400m	, 2013 (13),			-	5:05.00	-	-
400m	, 2015 (11),	7.	5:56.77	287	5:35.00	88%	-
50m	, 2012 (14),			-	31.00	-	-
100m	, 2014 (12),			-	1:09.00	-	-
400m				-	5:21.00	-	-
50m	, 2018 (8),	3.	43.27	112	44.00	103%	1
200m		1.	3:39.14	100	NT	-	-
100m	, 2014 (12),			-	1:20.00	-	-
50m	, 2015 (11),	28.	43.40	111	45.15	108%	1
1							8
50m	, 2012 (14),			-	37.00	-	-
100m				-	1:22.00	-	-
50m	, 2015 (11),	32.	45.63	96	48.25	112%	1
100m		39.	1:47.84	79	1:47.00	98%	-
50m	, 2014 (12),			-	36.25	-	-
100m				-	1:20.50	-	-
50m	, 2017 (9),	4.	44.21	105	43.75	98%	-
100m		10.	1:49.14	76	1:44.85	92%	-
100m	, 2013 (13),			-	1:15.00	-	-
200m				-	2:57.00	-	-
50m	, 2017 (9),	5.	49.40	109	46.00	87%	-
100m		7.	1:57.44	85	1:45.00	80%	-
50m	, 2010 (16),			-	39.00	-	-
100m				-	1:30.00	-	-



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50m	, , 2016 (10)	56.	54.86	55	49.85	83%	-
100m		45.	2:06.04	49	1:55.55	84%	-
50m	, , 2014 (12)			-	43.25	-	-
100m				-	1:38.15	-	-
50m	, , 2015 (11)	20.	41.78	125	47.85	131%	2
100m		29.	1:38.32	105	1:45.00	114%	-
50m	, , 2018 (8)	2.	41.78	125	41.50	99%	1
100m		4.	1:43.26	90	1:44.75	103%	-
50m	, , 2010 (16)			-	35.80	-	-
100m				-	1:26.00	-	-
50m	, , 2015 (11)	34.	53.70	84	50.00	87%	-
50m	, , 2016 (10)	20.	42.10	176	37.75	80%	1
100m		9.	1:27.73	204	1:30.55	107%	-
50m	, , 2015 (11)	19.	41.42	128	45.00	118%	1
50m	, , 2015 (11)	5.	36.93	261	33.00	80%	1
200m		3.	2:53.93	268	2:57.00	104%	-
50m	, , 2014 (12)			-	57.50	-	-
50m	, , 2014 (12)			-	33.00	-	-
100m				-	1:20.00	-	-
50m	, , 2014 (12)			-	38.50	-	-
50m	, , 2017 (9)	7.	44.85	101	51.00	129%	1
50m	, , 2016 (10)	46.	50.55	70	42.00	69%	-
100m		20.	1:30.30	135	1:30.00	99%	-
200m	2 , , 2010 (16)			-	2:17.00	-	-
100m	, , 2012 (14)			-	1:03.00	-	-
100m	, , 2009 (17)			-	1:12.00	-	-
100m	, , 2012 (14)			-	1:06.00	-	-
200m	, , 2010 (16)			-	2:16.00	-	-
400m	2 , , 2014 (12)			-	5:47.00	-	1
200m	, , 2012 (14)			-	2:25.00	-	-
100m	, , 2014 (12)			-	1:20.00	-	-
400m	, , 2014 (12)			-	5:40.00	-	-
100m	, , 2016 (10)	17.	1:28.47	144	1:30.00	103%	1
100m	, , 2014 (12)			-	1:30.00	-	-
100m	, , 2014 (12)			-	1:23.00	-	-



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100m	, 2011 (15)				1:27.00		
100m	, 2011 (15)				1:08.00		
100m	, 2011 (15)				1:23.20		
100m	, 2014 (12)				1:25.55		
100m	, 2010 (16)				1:13.30		
50m	, 2012 (14)				40.10		
100m	, 2011 (15)				1:19.00		
50m	, 2014 (12)				50.00		
100m	, 2012 (14)				1:09.00		
400m					5:50.00		
100m	, 2015 (11)	42.	1:49.13	76	1:45.00	93%	
100m	, 2014 (12)				1:14.00		
400m					5:45.00		
100m	, 2016 (10)	10.	1:29.01	196	1:32.00	107%	1
400m		12.	6:37.01	208	6:30.00	96%	
100m	, 2013 (13)				1:15.00		
400m	, 2009 (17)				5:30.00		
100m	, 2014 (12)				1:35.00		
400m					6:45.00		
200m	, 2014 (12)				2:41.00		
50m	, 2018 (8)	14.	1:06.88	30	55.00	68%	
100m	, 2016 (10)	28.	1:37.37	108	1:45.00	116%	1
200m	, 2015 (11)	25.	3:30.80	113	3:40.00	109%	1
100m	, 2015 (11)	11.	1:20.79	189	1:16.00	88%	
400m		8.	6:15.30	201	5:48.00	86%	
400m	, 2010 (16)				5:10.00		
400m	, 2011 (15)				4:40.00		
100m	, 2009 (17)				1:05.50		
100m	, 2013 (13)				1:17.00		
400m					6:00.00		
100m	, 2012 (14)				1:25.00		
50m	, 2014 (12)				42.00		
100m	, 2015 (11)	23.	1:34.54	118	1:35.00	101%	1
100m	, 2008 (18)				1:12.00		
50m	, 2015 (11)	31.	44.67	102	44.00	97%	



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100m	, , 2017 (9) ,	14.	2:13.92	41	2:00.00	80%	-
50m	, , 2017 (9) ,	15.	54.09	57	52.00	92%	-
50m	, , 2016 (10) ,	51.	53.14	60	NT	-	-
400m	, , 2014 (12) ,				6:00.00	-	-
200m	, , 2016 (10) ,	21.	3:20.86	130	3:40.00	120%	1
100m	, , 2013 (13) ,				1:44.00	-	-
100m	, , 2010 (16) ,				1:00.00	-	-
200m	, , 2014 (12) ,				3:45.00	-	-
200m	, , 2016 (10) ,	27.	3:49.46	87	4:40.00	149%	1
100m	, , 2014 (12) ,				1:42.00	-	-
100m	, , 2013 (13) ,				1:17.00	-	-
400m					5:42.00	-	-
100m	, , 2012 (14) ,				1:07.00	-	-
400m					5:20.00	-	-
200m	, , 2016 (10) ,	7.	2:52.12	208	3:05.00	116%	1
50m	, , 2016 (10) ,	61.	1:00.45	41	NT	-	-
200m	, , 2016 (10) ,	12.	3:24.18	166	3:28.00	104%	1
100m	, , 2015 (11) ,	16.	1:38.37	145	1:45.00	114%	1
200m	, , 2015 (11) ,	20.	3:19.17	134	4:00.00	145%	1
50m	, , 2009 (17) ,				27.00	-	-
100m					59.00	-	-
100m	, , 2009 (17) ,				1:10.00	-	-
200m	, , 2014 (12) ,				3:29.00	-	-
200m	, , 2014 (12) ,				3:12.00	-	-
100m	, , 2013 (13) ,				1:54.00	-	-
400m	, , 2014 (12) ,				5:59.00	-	-
200m	, , 2012 (14) ,				2:30.00	-	-
50m	, , 2018 (8) ,	7.	1:03.41	51	NT	-	-
200m	, , 2011 (15) ,				2:42.00	-	-
50m	, , 2015 (11) ,	8.	35.12	211	37.00	111%	1
200m		12.	2:57.67	189	2:54.00	96%	-
200m	, , 2015 (11) ,	10.	3:15.88	188	3:04.00	88%	-
100m	, , 2009 (17) ,				1:05.00	-	-
400m					5:00.00	-	-



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100m	, 2011 (15)								
50m	, 2017 (9)	13.	57.66	68	1:00.00	108%			1
200m	, 2014 (12)				2:58.00				
100m	, 2016 (10)	31.	1:39.45	101	1:35.00	91%			
100m	, 2014 (12)				1:06.00				
100m	, 2014 (12)				1:14.00				
400m					5:43.00				
100m	, 2012 (14)				1:11.00				
400m					5:20.00				
100m	, 2011 (15)				1:05.00				
100m	, 2012 (14)				1:30.00				
100m	, 2016 (10)	44.	1:59.20	58	1:50.00	85%			
100m	, 2014 (12)				1:12.50				
200m	, 2013 (13)				2:53.00				
100m	, 2014 (12)				1:34.00				
100m	, 2014 (12)				1:39.00				
50m	, 2015 (11)	55.	54.81	55	40.00	53%			
200m	, 2015 (11)	18.	3:11.98	149	3:40.00	131%			1
100m	, 2015 (11)	27.	1:36.56	110	1:37.00	101%			1
100m	, 2010 (16)				1:10.00				
400m	, 2013 (13)				5:43.00				
100m	, 2014 (12)				1:48.00				
100m	, 2011 (15)				1:09.00				
50m	, 2017 (9)	21.	59.71	42	NT				
	13								17
100m	, 2011 (15)				1:12.00				
100m	, 2013 (13)				1:19.00				
100m	, 2015 (11)	2.	1:14.02	340	1:10.00	89%			
400m		6.	5:43.21	322	5:20.00	87%			
50m	, 2015 (11)	24.	43.02	165	48.00	124%			1
100m	, 2013 (13)				1:00.00				
100m	, 2015 (11)	11.	1:29.72	191	1:33.00	107%			1
50m	, 2018 (8)	9.	1:04.84	48	49.00	57%			



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50m	, , 2015 (11) ,	4.	35.61	291	37.83	113%	1
400m		10.	6:24.23	229	6:05.00	90%	
50m	, , 2016 (10) ,	17.	40.08	141	42.00	110%	1
100m		30.	1:38.53	104	1:27.00	78%	
50m	, , 2016 (10) ,	58.	55.34	53	1:00.00	118%	1
100m	, , 2017 (9) ,	9.	1:43.61	89	1:55.00	123%	1
50m	, , 2017 (9) ,	19.	58.30	46	50.00	74%	-
50m	, , 2017 (9) ,	15.	58.42	66	49.00	70%	-
50m	, , 2015 (11) ,	25.	42.92	115	43.00	100%	1
50m	, , 2017 (9) ,	14.	57.85	67	1:10.00	146%	1
50m	, , 2016 (10) ,	33.	48.87	112	34.00	48%	-
100m		20.	1:44.87	119	1:32.00	77%	
50m	, , 2017 (9) ,	13.	51.37	67	54.00	111%	1
50m	, , 2015 (11) ,	15.	41.72	181	40.00	92%	-
100m	, , 2016 (10) ,	16.	1:27.25	150	1:25.00	95%	-
100m	, , 2016 (10) ,	38.	1:47.51	80	1:45.00	95%	-
100m	, , 2012 (14) ,				1:02.00	-	-
50m	, , 2010 (16) ,				27.00	-	-
100m					1:02.00	-	-
50m	, , 2015 (11) ,	11.	40.50	198	45.00	123%	1
50m	, , 2014 (12) ,				36.00	-	-
100m	, , 2012 (14) ,				1:40.00	-	-
50m	, , 2018 (8) ,	19.	1:33.33	11	1:00.00	41%	-
100m	, , 2012 (14) ,				1:22.00	-	-
50m	, , 2015 (11) ,	14.	39.27	150	42.00	114%	1
50m	, , 2015 (11) ,	11.	38.17	164	40.00	110%	1
100m	, , 2016 (10) ,	19.	1:40.77	135	1:35.00	89%	-
50m	, , 2018 (8) ,	6.	58.51	65	1:08.00	135%	1
200m	, , 2013 (13) ,				2:42.00	-	-
50m	, , 2015 (11) ,	21.	42.06	122	42.00	100%	-
50m	, , 2018 (8) ,	5.	45.19	99	50.00	122%	1
50m	, , 2016 (10) ,	6.	37.98	240	38.00	100%	1
100m	, , 2017 (9) ,	5.	1:54.08	93	1:58.00	107%	1
50m	, , 2019 (7) ,	15.	1:09.75	26	59.00	72%	-



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100m	, , 2014 (12)									
50m	, , 2017 (9)	8.	51.02	99	50.00		96%			
50m	, , 2016 (10)	54.	54.71	55	44.00		65%			
200m	, , 2015 (11)	1.	2:28.22	325	2:25.00		96%			
400m		1.	5:03.56	381	5:00.00		98%			
400m	, , 2009 (17)				4:50.00					
50m	, , 2016 (10)	60.	58.66	45	53.00		82%			
50m	, , 2015 (11)	18.	40.60	136	40.00		97%			
50m	, , 2016 (10)	28.	46.03	134	50.00		118%			1
	4									16
50m	, , 2017 (9)	2.	42.88	115	43.45		103%			1
50m	, , 2015 (11)	47.	51.56	66	50.00		94%			
100m	, , 2012 (14)									
100m	, , 2014 (12)				1:20.00					
50m	, , 2017 (9)	2.	40.53	197	42.00		107%			1
100m	, , 2013 (13)				1:35.00					
50m	, , 2015 (11)	39.	48.25	81	47.15	28.12.2025	95%			
50m	, , 2014 (12)				46.00					
50m	, , 2014 (12)				50.00					
50m	, , 2016 (10)	50.	53.03	61	54.00		104%			1
100m	, , 2016 (10)	36.	1:44.38	87	1:42.00		95%			
50m	, , 2013 (13)				36.50					
50m	, , 2015 (11)	19.	42.05	177	45.00		115%			1
50m	, , 2015 (11)	30.	47.95	119	50.00		109%			1
100m	, , 2013 (13)				1:30.00					
50m	, , 2015 (11)	36.	58.80	64	NT					
100m	, , 2013 (13)				1:08.00					
100m	, , 2013 (13)				1:20.00					
50m	, , 2015 (11)	23.	42.73	168	41.00		92%			
50m	, , 2015 (11)	21.	42.17	175	40.00		90%			
200m	, , 2011 (15)				2:19.80					
50m	, , 2013 (13)				34.60					



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100m	, , 2013 (13)				-	NT		-	-
100m	, , 2013 (13)				-	1:09.80		-	-
200m					-	2:35.00		-	-
50m	, , 2013 (13)				-	47.00		-	-
50m	, , 2013 (13)				-	NT		-	-
50m	, , 2018 (8)	9.	1:00.93	40	1:10.00		132%		1
50m	, , 2014 (12)				-	50.00		-	-
50m	, , 2013 (13)				-	44.00		-	-
100m	, , 2013 (13)				-	1:25.00		-	-
50m	, , 2017 (9)	7.	50.13	104	NT			-	-
50m	, , 2016 (10)	27.	45.41	140	49.20		117%		1
100m	, , 2010 (16)				-	1:05.00		-	-
50m	, , 2013 (13)				-	50.00		-	-
50m	, , 2013 (13)				-	NT		-	-
50m	, , 2015 (11)	12.	38.25	163	39.00		104%		1
200m	, , 2013 (13)				-	3:10.00		-	-
50m	, , 2011 (15)				-	28.50		-	-
50m	, , 2015 (11)	42.	48.83	78	50.00		105%		1
200m	, , 2012 (14)				-	2:50.00		-	-
50m	, , 2014 (12)				-	31.50		-	-
50m	, , 2013 (13)				-	NT		-	-
200m	, , 2014 (12)				-	3:40.00		-	-
100m	, , 2014 (12)				-	1:24.00		-	-
50m	, , 2018 (8)	10.	1:08.55	40	NT			-	-
50m	, , 2013 (13)				-	30.50		-	-
50m	, , 2009 (17)				-	27.50		-	-
50m	, , 2015 (11)	13.	41.32	186	40.00		94%		-
50m	, , 2014 (12)				-	40.00		-	-
50m	, , 2016 (10)	38.	47.85	83	46.37		94%		-
200m	, , 2014 (12)				-	3:20.00		-	-
100m	, , 2012 (14)				-	1:15.00		-	-
50m	, , 2015 (11)	53.	54.51	56	55.00		102%		1



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50m	, 2014 (12)									
	, 2012 (14)									
50m	, 2014 (12)									
200m	, 2016 (10)									
50m		10.	40.47	198	39.00			93%		
100m		14.	1:34.31	164	1:29.00			89%		
400m		13.	7:27.05	145	7:00.00			88%		
50m	, 2015 (11)									
50m	, 2012 (14)									
400m	, 2015 (11)									1
100m	, 2017 (9)									1
50m	, 2017 (9)									
50m	, 2011 (15)									
50m	, 2012 (14)									
400m	, 2015 (11)									
50m	, 2017 (9)									1
50m	, 2012 (14)									
50m	, 2012 (14)									
50m	, 2014 (12)									
50m	, 2017 (9)									1
50m	, 2017 (9)									
50m	, 2010 (16)									
50m	, 2014 (12)									
50m	, 2014 (12)									
100m	, 2014 (12)									
50m	, 2016 (10)									1
50m	, 2014 (12)									
50m	, 2014 (12)									
100m	, 2015 (11)									1
50m	, 2012 (14)									
50m	, 2011 (15)									
50m	, 2013 (13)									
50m	, 2012 (14)									
100m	, 2012 (14)									
100m	, 2015 (11)									
50m	, 2012 (14)									
50m	, 2014 (12)									
200m	, 2013 (13)									
50m	, 2013 (13)									
100m	, 2013 (13)									



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100m	, , 2013 (13)				1:30.00			
								1
50m	, , 2013 (13)				35.00			
50m	, , 2014 (12)				35.80			
50m	, , 2017 (9)	20.	1:10.64	37	56.20	63%		
50m	, , 2017 (9)	19.	1:09.73	38	58.20	70%		
50m	, , 2012 (14)				29.80			
50m	, , 2017 (9)	12.	50.00	73	52.15	109%		1
50m	, , 2014 (12)				31.30			
50m	, , 2012 (14)				38.00			
50m	, , 2013 (13)				35.75			
50m	, , 2013 (13)				35.75			
50m	, , 2014 (12)				33.30			
50m	, , 2017 (9)	11.	49.77	74	48.20	94%		
50m	, , 2012 (14)				33.35			
50m	, , 2013 (13)				35.80			
50m	, , 2012 (14)				31.30			
50m	, , 2010 (16)				27.60			
50m	, , 2014 (12)				40.35			
								1
50m	, , 2016 (10)	26.	42.93	115	50.00	136%		1
								22
100m	, , 2012 (14)				1:12.00			
100m	, , 2014 (12)				1:16.83			
50m	, , 2014 (12)				32.50			
400m					5:39.00			
50m	, , 2019 (7)	18.	1:14.88	21	NT			
100m	, , 2017 (9)	10.	2:29.59	41	1:57.00	61%		
50m	, , 2014 (12)				39.00			
100m					1:27.00			
50m	, , 2016 (10)	13.	38.54	159	38.05	97%		
100m		15.	1:26.26	155	1:25.12	97%		
100m	, , 2014 (12)				1:28.50			



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50m	, 2015 (11),	33.	46.10	93	44.80	94%	-
100m		41.	1:48.00	79	1:40.00	86%	-
50m	, 2014 (12),			-	45.00	-	-
50m	, 2012 (14),			-	27.05	-	-
200m				-	2:14.00	-	-
100m	, 2014 (12),			-	1:15.89	-	-
50m	, 2013 (13),			-	1:13.00	-	-
100m	, 2014 (12),			-	1:23.00	-	-
200m	, 2010 (16),			-	2:23.00	-	-
100m	, 2012 (14),			-	1:05.40	-	-
200m				-	2:25.45	-	-
400m	, 2014 (12),			-	5:39.90	-	-
200m	, 2015 (11),	24.	3:30.16	114	3:39.51	109%	1
200m	, 2014 (12),			-	3:13.96	-	-
50m	, 2018 (8),	11.	1:09.38	39	1:05.00	88%	-
200m	, 2013 (13),			-	2:34.00	-	-
100m	, 2012 (14),			-	1:28.80	-	-
400m	, 2011 (15),			-	5:10.00	-	-
50m	, 2015 (11),	22.	42.37	173	40.50	91%	-
200m		15.	3:35.66	140	3:30.00	95%	-
100m	, 2013 (13),			-	1:09.00	-	-
100m	, 2014 (12),			-	1:11.00	-	-
100m	, 2014 (12),			-	1:25.00	-	-
100m	, 2014 (12),			-	1:19.00	-	-
100m	, 2013 (13),			-	1:13.00	-	-
50m	, 2014 (12),			-	35.00	-	-
100m				-	1:12.83	-	-
100m	, 2013 (13),			-	1:26.90	-	-
400m	, 2014 (12),			-	5:30.00	-	-
50m	, 2011 (15),			-	30.60	-	-
100m				-	1:08.80	-	-
50m	, 2017 (9),	10.	46.22	92	49.80	116%	1
50m	, 2016 (10),	59.	58.40	45	59.80	105%	1
100m	, 2013 (13),			-	1:11.70	-	-
400m				-	5:35.00	-	-
100m	, 2013 (13),			-	1:11.50	-	-
400m				-	5:46.40	-	-



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50m	, 2018 (8)	7.	56.69	50	58.00	105%	1
50m	, 2015 (11)	2.	32.55	265	33.86	108%	3
100m		2.	1:12.50	262	1:15.00	107%	
200m		3.	2:38.25	267	2:43.00	106%	
100m	, 2017 (9)						1
100m	, 2012 (14)	3.	1:36.20	155	1:40.97	110%	-
400m	, 2014 (12)			-	5:13.00	-	-
100m	, 2014 (12)			-	1:25.00	-	-
200m	, 2014 (12)			-	3:10.00	-	-
50m	, 2012 (14)			-	36.50	-	-
400m				-	5:56.00	-	-
100m	, 2014 (12)			-	1:22.00	-	-
200m				-	2:55.00	-	-
50m	, 2018 (8)	10.	1:04.73	33	NT	-	-
50m	, 2017 (9)	17.	1:04.14	49	NT	-	-
100m	, 2017 (9)	5.	1:35.21	115	1:42.12	115%	1
50m	, 2015 (11)	2.	34.97	307	34.90	100%	-
200m		6.	3:05.12	222	2:57.00	91%	-
50m	, 2014 (12)			-	40.66	-	-
100m	, 2014 (12)			-	1:28.00	-	-
50m	, 2016 (10)	31.	48.22	117	48.80	102%	1
100m	, 2015 (11)	32.	1:39.63	101	1:37.00	95%	-
100m	, 2012 (14)			-	1:21.72	-	-
50m	, 2018 (8)	6.	55.67	52	57.85	108%	1
50m	, 2019 (7)	20.	1:38.17	9	NT	-	-
100m	, 2015 (11)	12.	1:29.98	189	1:28.00	96%	-
100m	, 2014 (12)			-	1:33.50	-	-
50m	, 2014 (12)			-	43.23	-	-
100m				-	1:25.60	-	-
100m	, 2015 (11)	18.	1:39.85	138	1:30.00	81%	-
50m	, 2015 (11)	16.	41.73	181	48.00	132%	1
100m	, 2017 (9)	9.	2:16.04	54	NT	-	-
100m	, 2011 (15)			-	56.90	-	-
100m	, 2010 (16)			-	1:01.00	-	-
100m	, 2012 (14)			-	1:11.62	-	-
50m	, 2015 (11)	29.	47.73	121	45.50	91%	-



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50m	, , 2012 (14)									
200m	, , 2013 (13)									
50m	, , 2019 (7)	2.	47.44	123	52.80		124%			2
100m		2.	1:47.29	111	1:52.00		109%			
200m	, , 2016 (10)	17.	3:06.15	164	3:02.00		96%			
100m	, , 2010 (16)									
400m	, 2016 (10)	4.	5:36.22	343	5:39.00		102%			1
100m	, , 2014 (12)									
50m	, , 2014 (12)									
100m	, , 2014 (12)									
100m	, , 2014 (12)									
100m	, , 2014 (12)									
50m	, , 2015 (11)	40.	48.32	81	47.50		97%			
200m	, , 2015 (11)	13.	2:59.03	184	2:58.90		100%			
200m	, , 2012 (14)									
100m	, , 2018 (8)	7.	2:23.32	46	NT					
50m	, , 2014 (12)									
400m										
50m	, , 2015 (11)									1
100m		27.	43.31	112	47.00		118%			
100m		34.	1:41.83	94	1:39.00		95%			
50m	, , 2016 (10)	63.	1:04.90	33	NT					
50m	, , 2018 (8)	8.	1:04.37	49	NT					
100m	, , 2014 (12)									
200m										
100m	, , 2017 (9)	4.	1:34.53	118	1:38.00		107%			1
50m	, , 2014 (12)									
100m										
400m	, , 2016 (10)	2.	5:30.96	359	5:39.90		105%			1
50m	, , 2015 (11)	15.	39.41	149	41.00		108%			2
100m		19.	1:29.38	139	1:33.00		108%			
100m	, , 2012 (14)									
50m	, , 2018 (8)	5.	54.93	79	56.00		104%			1
100m		6.	2:07.52	66	1:56.00		83%			
400m	, 2013 (13)									
50m	, , 2012 (14)									
100m										
50m	, , 2017 (9)	16.	54.44	56	58.00		114%			1
100m		13.	2:09.32	46	2:05.00		93%			



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2									2
50m		, 2015 (11)	6.	33.54	242	33.00		97%	-
100m			6.	1:16.48	223	1:15.00		96%	-
400m		, 2015 (11)	7.	5:53.68	240	5:50.00		98%	-
50m		, 2017 (9)	1.	38.95	222	38.50		98%	2
100m			1.	1:27.50	206	1:30.00		106%	
200m			1.	3:18.43	180	3:20.00		102%	
50m		, 2019 (7)	4.	54.57	80	56.00		105%	2
100m			5.	2:06.66	68	2:06.00		99%	2
200m			2.	4:27.15	74	4:59.20		125%	
swim									
50m		, 2015 (11)	1.	32.06	277	32.25		101%	1
400m			3.	5:12.71	348	5:05.00		95%	1
115									
100m		, 2015 (11)	5.	1:18.84	282	1:24.00		114%	6
50m		, 2013 (13)				30.00		-	1
100m						1:09.00		-	-
100m		, 2015 (11)	9.	1:20.12	194	1:20.00		100%	-
100m		, 2013 (13)				1:20.00		-	-
100m		, 2013 (13)				1:17.00		-	-
50m		, 2017 (9)	1.	41.99	123	43.00		105%	2
100m			3.	1:33.84	120	1:37.00		107%	
100m		, 2014 (12)				1:22.00		-	-
100m		, 2014 (12)				1:20.00		-	-
50m		, 2013 (13)				40.00		-	-
50m		, 2017 (9)	5.	44.28	105	45.00		103%	2
200m			3.	3:46.11	91	4:10.00		122%	
100m		, 2015 (11)	5.	1:14.86	238	1:15.00		100%	1
50m		, 2012 (14)				43.00		-	-
100m		, 2016 (10)	7.	1:18.62	205	1:18.00		98%	-
50m		, 2009 (17)				32.00		-	-
200m		, 2014 (12)				2:50.00		-	-
50m		, 2015 (11)	23.	42.76	116	40.00		88%	-
100m			33.	1:41.49	95	1:35.45		88%	-
50m		, 2012 (14)				35.00		-	11



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50m	, , 2015 (11) ,	9.	39.88	207	43.00		116%	1
100m		15.	1:35.66	157	1:35.00		99%	
50m	, , 2018 (8) ,	11.	1:05.02	33	NT		-	-
50m	, , 2014 (12) ,				39.65		-	-
100m	, , 2016 (10) ,	21.	1:51.69	99	1:51.00		99%	-
50m	, , 2011 (15) ,				33.00		-	-
50m	, , 2010 (16) ,				28.00		-	-
50m	, , 2014 (12) ,				34.00		-	-
100m	, , 2013 (13) ,				1:25.00		-	-
50m	, , 2015 (11) ,	62.	1:02.55	37	NT		-	-
50m	, , 2016 (10) ,	16.	39.71	146	42.77	22.11.2025	116%	1
50m	, , 2016 (10) ,	25.	44.84	145	43.85		96%	1
100m		17.	1:39.63	139	1:42.31		105%	
50m	, , 2017 (9) ,	18.	1:06.12	45	NT		-	-
50m	, , 2016 (10) ,	52.	54.31	57	51.90	22.11.2025	91%	-
50m	, , 2010 (16) ,				31.71		-	-
100m					1:09.28		-	-
50m	, , 2014 (12) ,				29.00		-	-
200m					2:41.00		-	-
50m	, , 2016 (10) ,	48.	51.77	65	54.82		112%	1
100m	, , 2012 (14) ,				1:15.00		-	-
100m	, , 2010 (16) ,				1:25.00		-	-
100m	, , 2012 (14) ,				1:12.20		-	-
50m	, , 2011 (15) ,				30.00		-	-
100m	, , 2016 (10) ,	22.	1:57.21	85	1:53.00		93%	-
50m	, , 2012 (14) ,				32.00		-	-
100m	, , 2010 (16) ,				1:14.00		-	-
50m	, , 2018 (8) ,	16.	1:10.20	26	1:14.00		111%	1
50m	, , 2013 (13) ,				34.00		-	-
50m	, , 2012 (14) ,				NT		-	-
50m	, , 2016 (10) ,				33.00		102%	1
50m	, , 2016 (10) ,	3.	32.69	261	33.00		102%	1
50m	, , 2012 (14) ,	41.	48.51	80	50.00		106%	-
50m	, , 2012 (14) ,				29.00		-	-
50m	, , 2013 (13) ,				43.00		-	-



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200m	, , 2018 (8)	3.	4:03.33	73	4:14.00		109%	1
50m	, , 2013 (13)			-	NT		-	-
50m	, , 2017 (9)	26.	1:04.03	34	NT		-	-
50m	, , 2015 (11)	49.	52.22	64	43.00		68%	-
50m	, , 2014 (12)			-	47.70		-	-
50m	, , 2014 (12)			-	30.00		-	-
50m	, , 2012 (14)			-	42.00		-	-
50m	, , 2010 (16)			-	26.50		-	-
50m	, , 2015 (11)	36.	47.26	86	50.55	22.11.2025	114%	1
50m	, , 2015 (11)	18.	41.83	179	47.93		131%	1
50m	, , 2012 (14)			-	38.00		-	-
100m	, , 2013 (13)			-	1:25.00		-	-
50m	, , 2013 (13)			-	39.26	23.11.2025	-	-
100m	, , 2017 (9)	12.	1:58.48	60	2:00.00		103%	1
50m	, , 2012 (14)			-	39.73		-	-
50m	, , 2011 (15)			-	33.39	23.11.2025	-	-
100m	, , 2011 (15)			-	1:16.52	23.11.2025	-	-
50m	, , 2011 (15)			-	31.00		-	-
50m	, , 2018 (8)	13.	1:06.19	31	NT		-	-
100m	, , 2011 (15)			-	1:22.77	23.11.2025	-	-
	" "							-
100m	, , 2017 (9)	4.	1:40.37	136	1:36.00		91%	-
100m	, , 2019 (7)	5.	1:48.29	78	1:44.00		92%	-